



**JOB DESCRIPTION**

**Fitness Consultant**

<b>GRADE / SALARY</b>		L7 / £17,778 to 19,215	<b>HOURS</b>	24
<b>RESPONSIBLE</b>	To	Health & Fitness Manager		
	For	N/A		

**GENERAL DESCRIPTION OF DUTIES**

To assist the Health & Fitness Manager in the day to day operations of the Gym and the services it provides, acting in a front of house capacity to ensure the highest standards of service delivery to the customer.

**SPECIFIC DUTIES**

1. To facilitate and supervise the operational activities of the Angel Centre Gym as appropriate to ensure the safety of users at all times.
2. To deal effectively with membership enquiries in the absence of Membership Advisors, providing relevant information to prospective customers and undertaking tours of the Gym
3. To undertake fitness testing, programme design and inductions in compliance with the safety guidelines for exercise prescription.
4. To provide on-going instructional services to customers in order to ensure safe and effective use of the Gym.
5. To provide an exceptional level of customer service by ensuring engagement in the Member Journey and Mywellness programme.
6. To maintain high standards of cleanliness in the Gym and to ensure all equipment is in safe working order.
7. To carry out minor preventative maintenance duties as instructed and to ensure the timely reporting of defects to the equipment supplier.
8. To assist in the upkeep of security for the Gym and its immediate surroundings.
9. To ensure accurate completion of records and checks as required.

SPECIFIC DUTIES Contd.

10. To provide First Aid assistance as necessary to promote recovery and ensure accurate completion of accident and incident report forms as required.

This job description is not intended to exclude any task, which the post holder might reasonably be required to undertake.